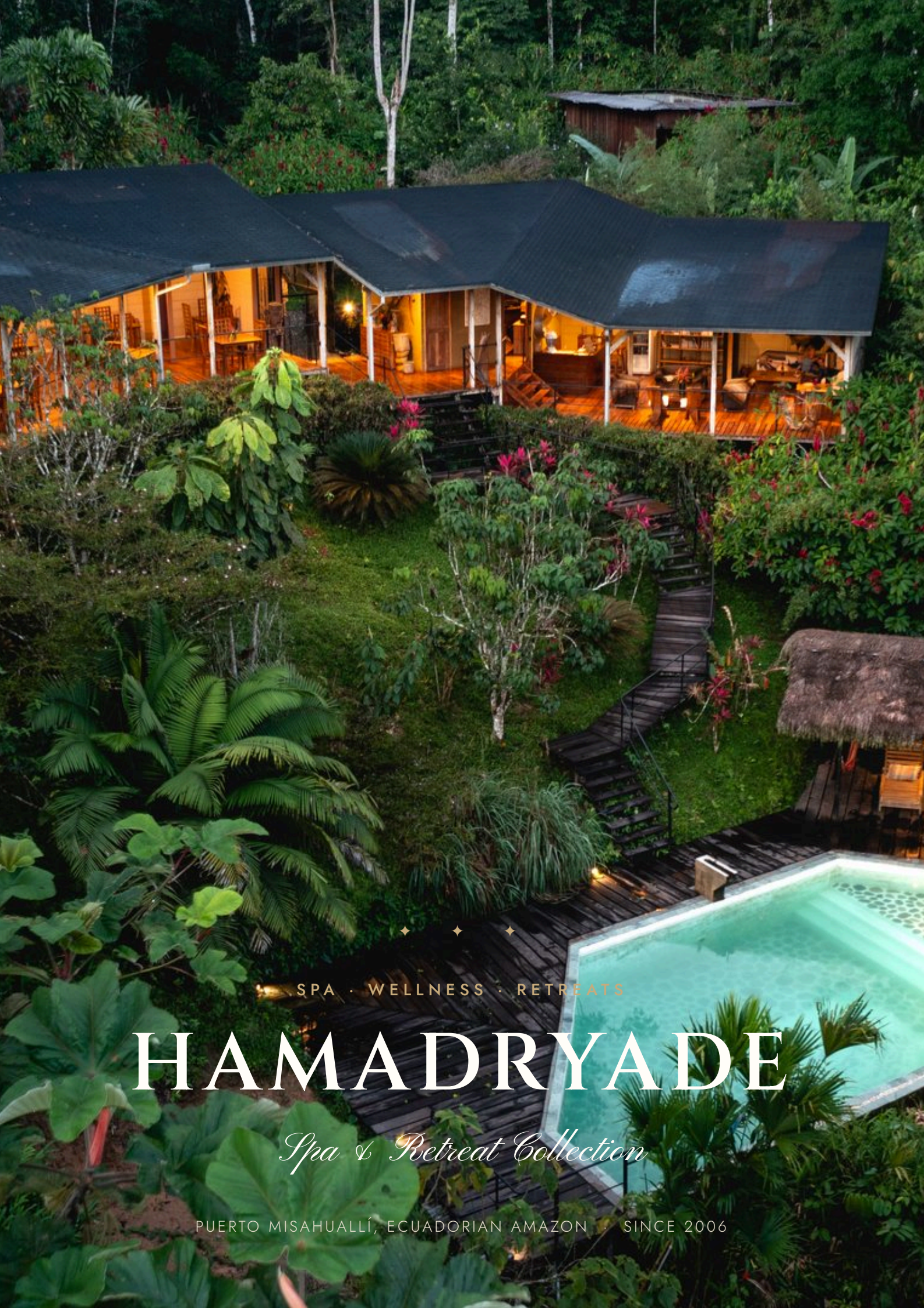




SPA · WELLNESS · RETREATS

HAMADRYADE

Spa & Retreat Collection

PUERTO MISAHUALÍ, ECUADORIAN AMAZON · SINCE 2006

WELCOME

An Invitation

The Amazon is a place of inspiration, stories and mystery. Exuberant, remote and enchanting, it invites us to step outside the routine of urban life and immerse ourselves in a nature that is real and untamed, far from our computers and our everyday lives.

Our spa was designed to help you do exactly that: disconnect, to reconnect. Our curated treatments are designed to calm body and mind, helping you feel closer to the essence of this ancient forest and its creatures. Enjoy a treatment, slip into the pool, or practice yoga and meditation in our retreat area, with its beautiful view over the jungle...

«The Amazon invites us to see the world anew.

We invite you to listen to her call, and to feel good, together with her.»



PRACTICAL INFORMATION

Spa Etiquette

HOURS

Monday to Sunday, 9:00 AM to 9:00 PM. Some services are available outside these hours upon request.

MINIMUM AGE

The wellness area welcomes guests from 5 years of age.

YOUR HEALTH

Please inform our staff of any medical condition. Stay well hydrated, and avoid alcohol for at least 2 hours before and after your treatment.

ATTIRE

We recommend wearing your room robe. Our therapists are trained in draping techniques; we do not offer disposables, in honor of our sustainability philosophy.

CANCELLATIONS

Less than 12 hours' notice: 50% of the cost. Less than 2 hours: full amount charged.

RESERVATIONS

Through the Lodge Reception, by phone or WhatsApp: +1 980 982 2754 · +593 980 969 518 · 062 999 140

ARRIVAL

Please arrive 10 minutes ahead of your appointment.

PREGNANCY

Many treatments can be adapted to this special time — please consult our team. We recommend avoiding treatments during the first trimester.

VALUABLES

We suggest leaving valuables in your room safe; if needed, we will provide a secure space in the treatment room.



The Ritual

TREATMENTS

FACIALS · MESSAGES · COMBOS · BODY WRAPS

RITUALS FOR THE FACE

FACIALS

Facial Express

A brief, effective treatment

- Cleansing gel
- Toner suited to skin type
- Rice exfoliation with hydrolyzed collagen
- Skin revitalization
- Electroporation
- Mask
- Face lift
- Sunscreen

30 MIN

\$65

Organic Natura Face

An organic, natural treatment

- Cleansing foam
- Moisturizing facial gel-cream (aloe)
- Skin brightening
- Purifying clay mask
- Vitamin mousse
- Facial lymphatic drainage
- Moisturizer
- Sunscreen

40 MIN

\$75

Radiant Sun Aesthetics

Rejuvenating and revitalizing

- Hyaluronic-acid cleansing gel + Q10 + collagen
- Hydrating toner
- High-frequency extractions and cauterization
- Triphase: serum / vitamins / electroporation
- Hydroplasty
- Vitamin mousse
- Sunscreen gel-cream

60 MIN

\$95

Optional ultrasonic paddle: +\$10



Radiant Skin

THE ART OF TOUCH

MASSAGES

Chiropractic

*Relaxes muscles and nerves;
realigns the vertebrae*

—Ideal for relaxing muscles and
nerves, and adjusting the
vertebrae.

CHIROPRACTIC +
DECONTRACTING
MASSAGE · 60 MIN **\$90**

CHIROPRACTIC ALONE **\$60**
· 20 MIN

ADDED TO A MASSAGE **\$50**
· 20 MIN

Hamadryade Balance

*A massage to your liking: soft
or firm*

- Vertebral adjustment
- Pressure points and
energy release
- Cranial-encephalic DLM
abdominal massage
- Stretching and nervous-
system activation
- Facial nourishment plus
device therapy

75 MIN **\$90**

Neck, Shoulders & Back

*The ideal treatment when time
is short*

- A massage focused on the
body's region of greatest
tension.

30 MIN **\$50**



Expert hands

THE ART OF TOUCH

MASSAGES

The Rainforest Touch

Focused on one or two areas of the body

- Adapted to guest needs — legs and back
- Relieves localized tension
- Massage using natural oils from the Amazon

40 MIN

\$55

Hands & Feet

Deep hydration, delicious aroma

- Hand and foot exfoliation with rich Amazonian aromas
- Hand and foot wraps
- Pressure points and energy release
- Cacao from our garden

60 MIN

\$80

Bamboo

Bamboo canes to relax and stretch

- Promotes muscular circulation and relieves tension
- Massage with Amazonian essential oils

40 MIN

\$70



Amazonian ritual

THE ART OF TOUCH

MASSAGES

Decontracting + Peeling

A firm massage, with cupping and wood therapy

- Massage with cupping and wood therapy
- Vertebral adjustment
- Firm massage ++
- Exfoliation with garden cacao or sea salts

75 MIN

\$100

Amazon Whisper

Full-body relaxation

- Amazonian aromas and hot plant bundles (“pindas”)
- Pressure points and energy release
- Relaxation of body and mind

60 MIN

\$85

4-Hands Massage

Two therapists, one purpose

- Full-body massage focused on relaxation
- Aromatherapy
- Facial nourishment or thermal back wrap
- Cranial-encephalic DLM massage

60 MIN

\$135



Ingredients of the forest

THE ART OF TOUCH

MASSAGES

Manual Lymphatic Drainage (MLD)

Stimulates the lymph with wave-like movements

- Helpful for tired legs, lymphatic or venous edema.
- A feeling of lightness throughout the body.

FULL BODY · 75 MIN **\$80**

FULL BODY, NO FACE · **\$65**
60 MIN

FACE ONLY · 30 MIN **\$45**

Foot Reflexology

Immediate well-being from the sole of the foot

- Manipulation of reflex points directly related to other parts of the body
- Stimulates organs and relieves pain

30 MIN **\$50**

Shiatsu

A method inspired by traditional Chinese medicine

- Works the meridians through which the body's energy (Qi) circulates
- Promotes overall health and well-being

60 MIN **\$80**



Presence and care

COMBINED RITUALS

COMBOS

Ionic Cleansing

Total detoxification through the lymph

- Lymphatic drainage massage
- Foot reflexology
- Ionic detox

120 MIN

\$130

Jungle Nutrition

Skin and hearing revitalization

- Facial nourishment
- Facial lymphatic drainage
- Ear cleaning

60 MIN

\$100

Natura

Lightness, movement and radiance

- Nourishment plus facial lift
- Hand and foot exfoliation
- Energetic reflexive massage and stretching
- Abdominal MLD

90 MIN

\$100



Body and spirit



SESSION FOR TWO

Solar Eclipse

A bond of love, in the heart of the jungle

This massage lets us connect with our partner, creating a bond of love and treasured memories, as you apply chocolate to one another and enjoy its wonderful aphrodisiac properties: a relaxing full-body massage, activation of the nervous and circulatory systems with kneading techniques, cocoa wraps, a glass of wine and chocolate tasting — in a room decorated with flowers.

\$190

75 MIN · FOR TWO

THE BODY, WRAPPED IN THE JUNGLE

BODY WRAPS

Chocotherapy

Anti-stress, antioxidant and energizing

- Body fully wrapped in cacao produced here
- Gourmet aromas that release endorphins
- Hydrating, anti-aging effects

60 MIN

\$95

Opt. revitalizing face mask: +\$10

Winetherapy

The benefits of wine and grape for skin and body

- Wrap with wine oil, wine mousse and wine salt
- During a relaxing massage

70 MIN

\$105

Opt. revitalizing face mask: +\$10

Tropictherapy

Hydration with exotic tropical fruit

- After a toning massage, wrapped in papaya and passion fruit
- Exfoliating, anti-inflammatory, radiance-boosting

60 MIN

\$90



A SENSORY JOURNEY

JACUZZI RITUALS

Jacuzzi Detox

A deep purification and detox ritual

- Full lymphatic drainage
- Drainage cupping
- Detox abdominal massage with essential oils
- Purifying infusion and aromatherapy

1H

\$70

Deluxe Sensual Jacuzzi

An intimate experience for couples seeking relaxation and connection

- Sensory and aromatic massage with natural oils
- Delicate exfoliation with soft textures
- Hydration with Bulgarian rose floral water
- Romantic decor with petals and candles

PER PERSON · 1H **\$65**

PER COUPLE · 1H **\$130**

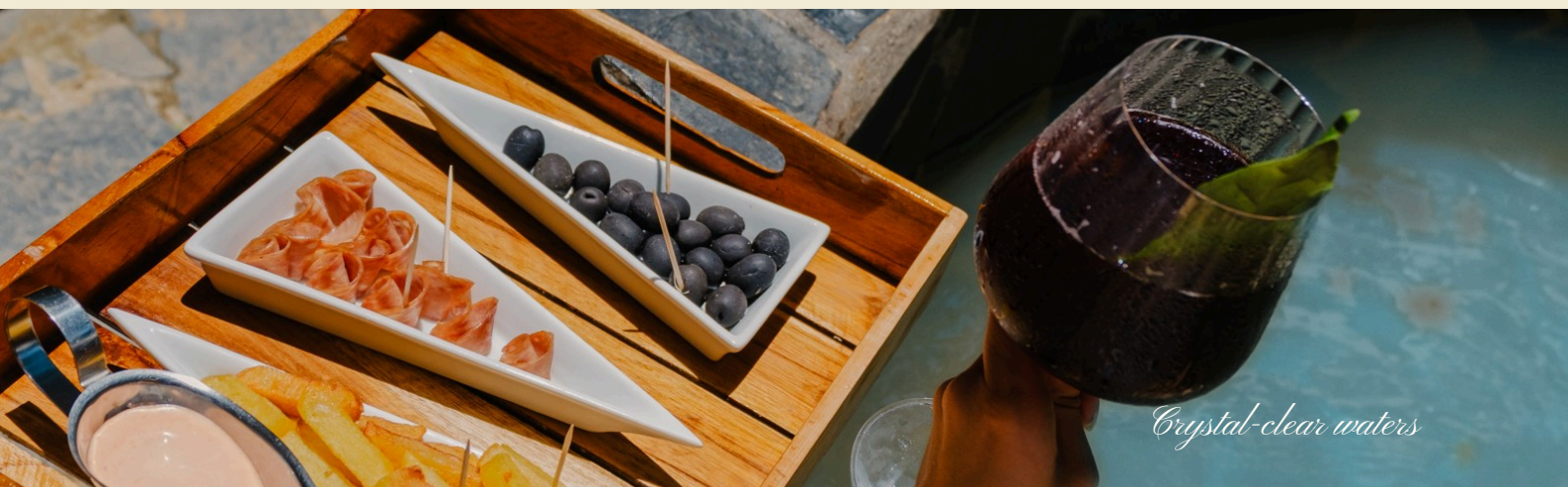
Energizing Jacuzzi

Vitality, muscle activation and physical renewal

- Massage on the back of the body (back, neck, shoulders, legs)
- Cupping therapy
- Wood therapy to release tension and activate energy flow

1H

\$70



Crystal-clear waters

A SENSORY JOURNEY

JACUZZI RITUALS

Relaxing Jacuzzi

Deep relaxation and sensory renewal

- Full-body massage
- Body exfoliation with natural actives
- Application of a harmonizing essential oil blend

1H

\$70

Express Hands & Feet Jacuzzi

Ideal for a quick wellness break

- Relaxing and revitalizing hand and foot massage
- Local aromatherapy
- Hydration with natural balms

30 MIN

\$45

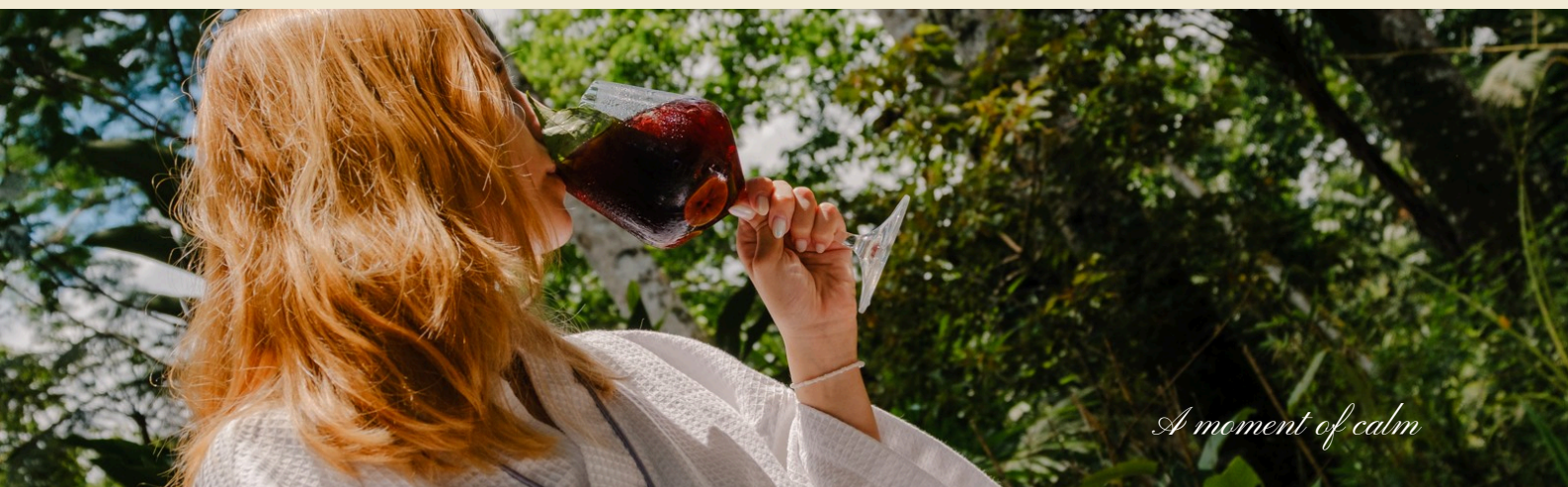
SABAY Herbal Pinda Massage

Special recommendation — add it to your ritual

- An ancestral Thai therapy combining heat, herbs and pressure to detoxify, relax and heal.

ADD-ON

+\$18



A moment of calm

THE OPTIONS

UNMISSABLES

Cupping

Traditional Chinese medicine

- Applied to acupuncture points according to the condition being treated
- Restores blood flow and energy
- Ideal alongside your acupuncture

40 MIN

\$50

Ionic Detox

Releases toxins and heavy metals

- Feet placed in a basin of salt water with an ion generator
- Neutralizes the internal system over 25 minutes

25 MIN

\$45

Cone Therapy

Thermo-auricular therapy

- Clears earwax with a conical candle
- The fire and cone form a vacuum that draws out the wax

30 MIN

\$45

EXTRA — OPTIONS TO ADD TO YOUR MASSAGE

Cupping	\$10	Wood therapy	\$10
Pindas	\$20	Hot stones	\$10
Device therapy (ultrasound)	\$10	Massage oil candles	\$16
Acupressure	\$20	Cacao or wine wrap*	\$55

BODY, MIND & SPIRIT

HEALING

Yoga

*A state of mind: healthy mind,
healthy body*

- Studio in the retreat area,
overlooking the jungle
- Private classes with certified
instructors (book 24h ahead)
- Mats available at reception

70 MIN

\$40

Temazcal

*An ancestral Central American
house of heat*

- Incandescent volcanic
stones and medicinal
herbs
- A rebirth experience,
guided by our shaman

240 MIN ·
GROUP

\$360

Book 24h ahead · minimum 4 people

Flower Bath

*Indigenous wisdom to heal and
revitalize*

- Perfect after a long day of
exploring, or before a hike
- A healthy ritual not to be
missed

30 MIN

\$30



Ancestral rituals



Seven transformative experiences

THE RETREAT COLLECTION

7 NIGHTS · 8 DAYS · ALL INCLUSIVE · SMALL GROUPS

01



WOMEN'S RETREAT

Maison de la Lune

RECONNECT · RELEASE · FLOURISH

"An exclusive space for women who choose to put themselves first. Eight days to return home lighter, more connected, more you."

INCLUDES

- Yoga, women's circles and ancestral rituals
- Rafting, waterfall, lagoon and art
- Spa, temazcal and wine tasting with a sommelier

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive

12 women



COUPLES' RETREAT

Deux Âmes

KNOW EACH OTHER · REVEAL YOURSELVES · UNITE

"Eight days to choose each other again: honesty, shared adventure and intimacy in the heart of the jungle."

INCLUDES

- Communication workshops and love languages
- Waterfalls, canoe and romantic dinners
- Vow renewal and couples massages

INVESTMENT

USD 7,000

per couple

7 nights · 8 days · All inclusive

6 couples



MEN'S RETREAT

Fortis

PURIFICATION · COURAGE · REBIRTH

"The path of the conscious warrior. From fear to purpose — from purpose to action."

INCLUDES

- Temazcal, firewalk and night hike
- Men's circles and conscious boxing
- A concrete life plan: purpose and legacy

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive

12 men



LGBTQ+ RETREAT

Rainbow Souls

ADVENTURE · CONNECTION · CELEBRATION

“A safe, inclusive space where diversity isn’t tolerated — it’s celebrated. Days full of jungle, art and human connection.”

INCLUDES

- Waterfalls, Amazonian fishing and canoe
- Ceramics, natural-dye painting and mask-making
- Connection workshops, a gala and a party under the stars

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
12 participants



GOLDEN AGE RETREAT · 65+

L'Âge d'Or

REMEMBER · REBORN · CELEBRATE

"A gentle pace, constant care, and the jungle unfolding slowly. Here, life's most luminous chapter is celebrated."

INCLUDES

- Tai chi, gentle yoga and canoe rides
- The Book of My Life, and letters to grandchildren
- Two massages, ancestral ceremonies and wine tasting

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
10 participants



MEDICINAL PLANTS RETREAT

Memorias del Bosque

HEAL · SEE · INTEGRATE

“A deep immersion into Amazonian plant wisdom, with prior preparation and careful integration. The jungle as teacher.”

INCLUDES

- Guayusa, temazcal and guided ceremonies
- Specialist accompaniment at every stage
- Chakra work, sound healing and living cuisine

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
12 participants



DIGITAL DETOX & WELLNESS

Detox

DISCONNECT · BREATHE · RETURN

“Eight days without screens: jungle, silence and deep rest. The reset that body and mind have long been asking for.”

INCLUDES

- 8 days of total digital disconnection
- Yoga, spa, sound healing and living foods
- Nature, journaling and nights by the fire

INVESTMENT

USD 3,999

per person

7 nights · 8 days · All inclusive
12 participants



WHICH ONE IS YOURS?

Write to us with the retreat that calls to you — we'll send you the full day-by-day programme, along with upcoming available dates.



retreats@hamadryade-lodge.com

www.hamadryade-lodge.com

+1 980 982 2754 · +593 980 969 518 · 062 999 140



HAMADRYADE

LODGE · SPA · RETREATS

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